Below is a list of what we will provide as well as the things we ask you to do to make the workshop successful. Please read the following carefully and let us know if you have any questions or concerns. We look forward to working with you!

Our Resilient Team Will:

- Provide bios/information to use to invite people to the workshop
- Create and present workshop
- Provide a private session for each individual participant
- Provide digital handouts

Organization Commitment:

- Lock down dates
- Select leaders and provide us with their contact information
- Communicate expectations to participants (see below)
- Coordinate schedule for group training (we will coordinate with everyone for private sessions)
- Send reminder emails to participants a few days before each virtual training session

Participant Commitment:

- Attend four 1¹/₂ hour group sessions (begin at agreed upon time)
- Do 30 minutes of homework for each session
- Have one private 2-hour session with Phil and Vicky
- Pray for the workshop and those who will attend